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| Had Some Help |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Dustin Valcalda (USA) & Sierra Gil (USA) - May 2024 |
| **Music:** | I Had Some Help (feat. Morgan Wallen) - Post Malone |
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**Intro: 32 Counts – Weight starts left foot**

**[1-8] Step, Sweeping Scuff, Step, Sweeping Scuff, Rocking Chair**

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| 1-2 | Step RF forward, Scuff LF forward around RF (12:00) |
| 3-4 | Step LF forward, Scuff RF forward around LF (12:00) |
| 5-6 | Rock RF forward, Recover weight LF (12:00) |
| 7-8 | Rock RF back, Recover weight LF (12:00) |

**[9-16] Walk, Walk, Kick Ball Step, ¼ Pivot, ¼ Pivot**

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| --- | --- |
| 1-2 | Walk RF forward, Walk LF forward (12:00) |
| 3&4 | Kick RF forward, Ball RF slightly forward, Step LF forward (12:00) |
| 5-6 | Step RF forward, Pivot ¼ L weight recovering LF (9:00) |
| 7-8 | Step RF forward, Pivot ¼ L weight recovering LF (6:00) |

**Restart Note: Restart happens here 16 counts into wall 4**

**[17-24] Cross, Side, Behind, Side Point, Cross, Side, Behind, Side Point**

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| --- | --- |
| 1-2 | Cross RF over LF, Step LF to L Side (6:00) |
| 3-4 | Cross RF behind LF, Point LF to L side (6:00) |
| 5-6 | Cross LF over RF, Step RF to R side (6:00) |
| 7-8 | Cross LF behind RF, Point RF to R side (6:00) |

**Styling Note: During the chorus, on counts 1-4, begin reaching your right hand up for a 'bottle off the shelf' and take a drink on count 4!**

**[25-32] ¼ Jazz Box, Stomp, Stomp, Hip Sways**

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| 1-2 | Cross RF over LF, Step LF diagonal back w/ 1/8 turn R (7:30) |
| 3-4 | Step RF to R side w/ 1/8 turn R, Step LF forward (9:00) |
| 5-6 | Stomp RF slightly R, Stomp LF slightly L (9:00) |
| 7-8 | Sway Hips to R, Sway hips to L (9:00) |

**Note: This dance can also be done in sweetheart position with a partner!  Check out our Sweetheart Demo to see how its done!**

**Last Update: 15 May 2024**