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| Sugar & Spice |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Jef Camps (BEL), Roy Verdonk (NL) & Jo Kinser (UK) - March 2024 |
| **Music:** | Milky Way - Duguneh, Abi F Jones & Jay Fonseca |
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**Intro 16 counts**

**S1: Skate, Skate, Shuffle, Skate, Skate, Shuffle**

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| 1-2 | RF skate forward, LF skate forward |
| 3&4 | RF step forward into R diagonal, LF close next to RF, RF step forward |
| 5-6 | LF skate forward, RF skate forward |
| 7&8 | LF step forward into L diagonal, RF close next to LF, LF step forward |

**S2: Jazz Box Cross, Side Rock, ¼ Recover, ¼ Chasse**

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| 1-2 | RF cross over LF, LF step back |
| 3-4 | RF step side, LF cross over RF |
| 5-6 | RF rock side, ¼ turn L & put weight on LF (9:00) |
| 7&8 | ¼ turn L & RF step side, LF close next to RF, RF step side (6:00) |

**S3: Behind, Side, Cross Samba, Cross, ¼ Back, Back Pony Step**

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| 1-2 | LF cross behind RF, RF step side |
| 3&4 | LF cross over RF, RF rock side, recover on LF |
| 5-6 | RF cross over LF, ¼ turn R & LF step back (9:00) |
| 7&8 | RF step back hitching L-knee, LF close next to RF, RF step back hitching L-knee |

**S4: Rock Back/Recover, Shuffle ½ Turn, Back, Drag, Ball, Walk R-L**

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| 1-2 | LF rock back, recover on RF |
| 3&4 | ¼ turn R & LF step side, RF close next to LF, ¼ turn R & LF step back (3:00) |
| 5-6 | RF large step back, drag LF towards RF |
| &7-8 | LF close on ball next to RF, RF step forward, LF step forward |

**Have fun!**

**Restart:**

**In wall 5 dance up to count 12 and add following steps before restarting the dance (12:00)**

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| 1-2-3-4 | RF step side & sway R, sway L, sway R, sway L (wave your arms) |

**Last Update: 13 Mar 2024**